

Wednesday, October 14th, 2026

- The Argyle Gymnastics team will begin soon. All students interested in joining the Argyle Gymnastics team are asked to attend the information meeting at lunch today in the Small Gym. Students can sign up for the team using the QR Codes on the school bulletin boards or with Mr. Rath in the PE Office. All students are welcome. No experience is needed. Bring your friends.
- The SR Boys soccer team remain undefeated. Yesterday, the team beat West Van 4 - 0. Tomorrow, the team will travel to Squamish to play a first-place showdown match vs Howe Sound.
- Cross-Country runners - a reminder about the meet in Squamish this afternoon. You will miss your last block class to head to Don Ross School, to be on time to meet your coach at 3:30 pm.
- Reminder for Argyle Grads: share your opinion on grad merch! Vote on Teams under the Grad Council channel for the design you like best. Voting is open till Friday!
- Are you in Grade 12 French Immersion? You've already registered for the DELF? Get ready for your exam! Join us in Room 227 on Thursdays or Fridays at lunch for DELF practice sessions. The exams will be held on November 16 and 17. We look forward to seeing you there!
- Are you someone who can use a language other than English? The Delta Language Challenge Exam might be for you! Languages offered include French, Spanish, Mandarin, Punjabi, Korean, Japanese, Farsi, and American Sign Language. See your counsellor for details!